

St. Jude & Our Lady of the Mountains Outreach Ministry

Parishioner Volunteerism

Updated July, 2023

Category	Service	Name	Volunteers needed for	Phone #	Address	Website
Food	Food pantry services	Fishes & Loaves Food Pantry	Call Larry Morris at 828-743-4931. ~ Purchase food from Ingles	828-743-4931	549 Frank Allen Rd. Cashiers, NC	https://fishesandloavescashiers.org/
Food/Furnishings	Assistance in times of adversity	Highlands Emergency Council	<u>Donations:</u> ~ Food ~ Clothing ~ Household goods ~ Small appliances <u>Volunteers:</u> Mon-Fri: 8am-2pm, Sat: 8am-1pm ~ Answer phones ~ Sort donations ~ Box items for clients	828-526-4357	71 Poplar St. Highlands NC	N/A In Progress
Food/Housing	Food pantry & housing services	United Christian Ministries	<u>Donations of Toiletries</u> (regular or family size): <u>[Drop off at St. Jude Parish Hall]</u> ~ Toilet Paper ~ Feminine hygiene products ~ Toothpaste/Toothbrushes ~ Shampoo ~ Body wash/Soap ~ Deodorant ~ Disposable razors <u>Volunteers:</u> Call Ann Selby, Director, at 828-586-8228 Mon/Thu/Fri: 10am-3pm Tue: 12:30pm-5pm; Wed: 10am-12:30pm ~ Take orders from clients ~ Work in Pantry: Stock shelves Assist clients with shopping	828-586-8228	191 Skyline Dr. Sylva, NC	www.ucmhejp.com

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Medical	Free medical care services	Community Care Clinic	<p>Call Fabiola Olvera, Executive Director, at 828-526-1991.</p> <p><u>Medical Background Personal:</u> (EMTs, retired/current Nurses, Doctors, Nurse Practitioners) ~ Need "Intake" volunteers on Tues & Thu evenings.</p> <p><u>Non-Medical Personal:</u> (Spanish helpful but not required) ~ Answer phones ~ Make appointments</p>	828-526-1991	52 Aunt Dora Dr. Highlands, NC	www.highlandscashiersclinic.org
Medical	Community Hospital	Highlands-Cashiers Hospital	<p>Call Jeannie Macleod, Volunteer Coordinator, at 828-526-1345.</p> <p><u>At Eckerd Living Center:</u> ~ Visit elderly patients.</p> <p><u>At Hospital:</u> ~ Answer phones ~ Be "Goodwill Ambassadors" to patients: Answer call buttons for nursing staff Bring water, magazines, etc.</p>	828-526-1345	190 Hospital Dr. Highlands NC	https://missionhealth.org/member-hospitals/highlands-cashiers/
Dental	Free dental services	Blue Ridge Free Dental Clinic	<p>Call Michele Coward at 828-743-3393. Mon-Fri: 9am-3pm</p> <p><u>Front Office:</u> Phone calls, checking in patients etc.</p> <p><u>Community Events:</u> Dispensing toothbrush kits at health fairs, schools or other community events.</p> <p><u>Sterilization:</u> Cleaning operatories, sterilizing instruments (with proper training/certification)</p> <p><u>Dental Assistant Duties:</u> Stocking operator supplies, going over post op instructions with patients, brushing and flossing instructions with patients.</p> <p><u>Chairside Dental Assisting:</u> Assisting dentist with procedures (with proper training/certification).</p> <p><u>Shadow/Observing Dentist:</u> This is really helpful for Pre Dental Students or college students interested in the dental field.</p> <p><u>Dental Hygienist:</u> NC License Dental Hygienists can treat patients.</p> <p><u>Dentist:</u> NC Licensed Dentist can treat patients. A dentist with a license outside of NC can apply for a NC Temporary Volunteer Dental License to treat patients.</p>	828-743-3393	130 Hwy 64 East Cashiers, NC	www.brfdc.org

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Literacy	Literacy for Children & Adults	Literacy Council of Highlands	No specific experience required and many opportunities for volunteer work across all programs: ~ Summer Camps ~ After-School Program ~ Individual Tutoring ~ Early Learners ~ English as 2nd Language ~ Volunteer at Special Events	828-526-0863	675 South 4th St. Highlands, NC	https://www.theliteracyandlearningcenter.org/
Pregnancy	Pregnancy Care Services	Smoky Mountain Pregnancy Care Center	Call Michelle Finnie, Director of Volunteers, at 828-349-3200. <u>Volunteers:</u> ~ Sort donations ~ Make gift bags ~ Clerical workers to do copying/shredding <u>Donations:</u> ~ Maternity clothes ~ Baby clothes (sizes 0-5T) ~ Toys ~ Strollers ~ Diapers & Wipes	828-349-3200 828-293-3600	226 East Palmer St. Franklin, NC 1165 W. Main St. Sylva, NC	www.smpcc.org
Christmas Gifts	St. Jude Christmas Angel Tree Project	Children's Christmas Outreach	Purchase and/ or Shop for children's gifts	225-572-5445 770-842-6169	Les Griffon Jo Hart	
Miscellaneous	Provides funds for 10 local underfunded charities serving southern Jackson County	Cashiers Cares	~ Golfers to participate in Annual Golf Tournament Fundraiser: (9/18/23 at Trillium Links) ~ Silent Auction items	828-743-7158	P.O. Box 1072 Cashiers, NC	https://cashierscares.org/